



Classic Tibet

7 Nights
April - October 2017



Summary

Whether you come to photograph or simply to gaze at the spectacle, we welcome you to the roof of the world — Mt. Everest. Your trip includes iconic landmarks such as Potala Palace, the holy Yamdrok Lake, and the inspiring Mt. Everest, as well as countless opportunities to observe and experience Buddhist culture.

Enjoy the once-in-a-lifetime experience of surveying Mount Everest from the Everest Base Camp. A caring and experienced local guide will ensure your safety and maximum comfort.

Prices Include

Round trip ticket to Lhasa (economy class)
Round trip transfer: airport – hotel – airport
7-night accommodation at hotels & camps
Meal: half board
Tibet travel permits for entering Tibet
Guiding by experienced English speaking Tibetan tour guide
Transfer by air conditioned motor coach
Entrance fees
Tours and excursions as per the program
Assistance of our representative in Tibet

Overview

Dates: April - October 2017
Interest: Group – Family-- Couples
Level of Comfort: 3/5
Minimum # of passengers: none
Maximum # of passengers: none

Prices Exclude

Airport taxes
Fuel surcharge
DIP surcharge \$5/ticket
Visa fees
Travel insurance

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Day 1: Lhasa

Upon arrival at Lhasa airport, meet greet and transfer to your hotel
To pre-empt altitude sickness, we suggest you have a good rest and do not get too excited
Day at leisure

Day 2: Lhasa

Visit Norbulingka in the morning; formerly the summer palace for the Dalai Lamas. Nowadays, Norbulingka is a beautiful public park and a good place to see locals camping and picnicking in summer.
Watch a monks' daily debate in Sera Monastery (elevation 4,000 m), the second most important monastery in Tibet. The debate not to be missed is held at 15:30 every day, except Sundays. Monks are happy to live in the monastery and study Buddhist scriptures there.
Later you will visit Drepung Monastery, renowned as the site for the annual Shoton Festival. If you visit in early August, you will have a chance to see for yourself this largest of Tibetan festivals.

Day 3: Lhasa

This is your 3rd day in Tibet, so you should be physically ready for Potala Palace—the palace with a lot of steps.

Climb up to Potala Palace, Tibet's iconic landmark. You'll see a lot of precious decorated statues, Buddhist scriptures and murals inside. Your guide will reveal to you the interesting history of the palace.
Visit Jokhang Temple (elevation 3,700 m), said to be the spiritual heart of Tibetan Buddhism. You will see many pilgrims prostrating themselves near the temple. Take part with locals in the 20-minute walk with prayer wheels, clockwise around Jokhang Temple. Take a stroll round Barkhor Street and see some Tibetan handicrafts.

Day 4: Lhasa to Shigatse

Today our adventure will take us southward, all the way to Shigatse near the holy Yamdrok Lake.
Take a break from monasteries and see the fantastic Yamdrok Lake, which seems too beautiful to be true. If it's good weather, travelers can enjoy a lakeside picnic including sandwiches, vegetables and fruit. On sunny days, the lake appears turquoise. It's one of the top 4 Buddhist holy lakes in Tibet.
We will also view the fabulous scenery of Karuola Glacier, one of the top 3 continental glaciers in Tibet. Its highlights are ice towers and elegant patterns. Once you arrive at Gyantse town, visit Palcho Monastery. It's famous for a pagoda with one hundred thousand Buddhas. See different styles of monastery construction. Buildings, sculpture, and murals are all recommended.

Day 5: Shigatse to Dingri

Visit Tashilunpo Monastery, the home of more than 600 monks. It was traditionally the seat of successive Panchen Lamas. Built in 1447, the monastery has a grand and majestic view. Its building style is different from the monasteries in Lhasa. Even the Buddhist culture here is different. Compare and contrast with what you have already seen.
The journey from Shigatse to Dingri takes about a 4½-hour drive, but you will not get bored; there are stunning views along the way!

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Day 6: Mt. Everest

Take a 4-hour trip towards the roof of the world. When you reach the Mt. Everest Base Camp (elevation 5,200 m), you'll see Mt. Everest right there in front of you. With a feeling of excitement and accomplishment, you'll find it's truly a once-in-a-lifetime experience; unless of course you return one day to climb the mountain.

Visit Rongbuk Monastery near the base; see the hard life of the monks and nuns there. The monastery is the highest temple in the world, at 5,100 meters. Angles for photos from Rongbuk Monastery are different from usual and dramatic.

Day 7: Shigatse to Lhasa

Drive back to Lhasa. The journey takes about 6 hours, but there is marvelous scenery on the way. We'll go along the Yarlung Tsangpo Grand Canyon. You'll see plateau lakes, rivers, snowy mountains and traditional Tibetan villages. Your guide knows some interesting stops.

Day 8: Lhasa

Transfer to the airport for your departure flight

Starting price per person in US\$

Hotel

3* hotels

Per person

3350

- *Rates are subject to change without prior notice*

Flight Schedule

From	To	Flight No	Departure	Arrival
Beirut	Doha	QR 421	19:55	23:25
Doha	Kathmandu	QR 652	02:50	10:10
Kathmandu	Lhasa	3U 872	11:10	14:50
Lhasa	Kathmandu	3U 8719	11:15	10:10
Kathmandu	Doha	QR 653	13:00	15:00
Doha	Beirut	QR 4900	18:15	21:10

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Payment facilities available with CFC

This is a product sheet elaborated in order to give you a quick overview of our package with details pertaining to hotels, flights and proposed tours. This is not a tailor made quotation and should you wish to have specific details reviewed to better suits your need please do not hesitate to contact one of our travel consultants or visit one of our branches.

CODE: CX-SUM17-CLASSIC TIBET

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